

**Commonwealth Junior
& Cadet Fencing
Championships 2024**



Welcome Pack

Lanyards
Gala Tickets
Bus Tickets
Important information
QR Code for Schedule





Commonwealth Junior & Cadet Fencing Championships

Welcome To Christchurch

Pre-Event information

Welcome / Accreditation Packs, containing all team lanyards, gala and bus tickets will be given to the coach or manager by a member of the Organizing Committee at the Team Manager's hotel before noon on July 11th.

If the Team Managers have not received the Welcome/Accreditation Packs, they may be collected from The Fencing Institute (91 Jack Hinton Drive, Addington, Christchurch 8024) at 12:00 pm on the 11th July.

At 3:00 pm on 11th July, any uncollected packs will be taken to the Competitions Venue (Nga Puna Wai) to be uplifted by Coach & Team managers at 3:45 pm before their meeting at 4:00 pm.

For any enquiries contact Lee-Bin:

+64 21 478 629 (also on WhatsApp)

Athletes Competing on Day 1 - Friday 12th July

Athletes will need to present themselves along with their **passport** or other legal document at The Fencing Institute (91 Jack Hinton Drive, Addington, Christchurch 8024) between 12–3:00 pm on the 11th of July to **REGISTER** for their event and to have their gear and weapons checked.

Athlete Registration Locations

The Fencing Institute: Thursday 11th July 2024 from 12 - 3:00 pm

Competitions Venue (Nga Puna Wai): Friday 12th July – Thursday 18th July 12:00 pm - 3:00 pm daily.

All athletes competing on Day 2 – Day 8 must present themselves in person for **REGISTRATION** between 12:00 pm to 3:00 pm on the day **before** their first event. Remember: **Lanyard and a form of ID such as a Passport** or other legal document must be presented at registrations.

Event Meetings

ALL MEETINGS are on the 11th JULY

Location: Nga Puna Wai, Augustine Drive, Wigram, Christchurch 8025

(Please note that the meetings will be held in a meeting room on-site in Te Kohanga, not at the competition venue. See venue map below.)

- **Coach & Team Managers' Meeting 4:00 pm**
Please remember to bring your country's flag and National Anthem to this meeting. Coaches can collect any accreditation packs not already collected here from 3:45 pm.
- **Referee Meeting 5:00 pm**
- **Commonwealth Fencing Federation AGM 6:00 pm**



Training /Fencing Venues

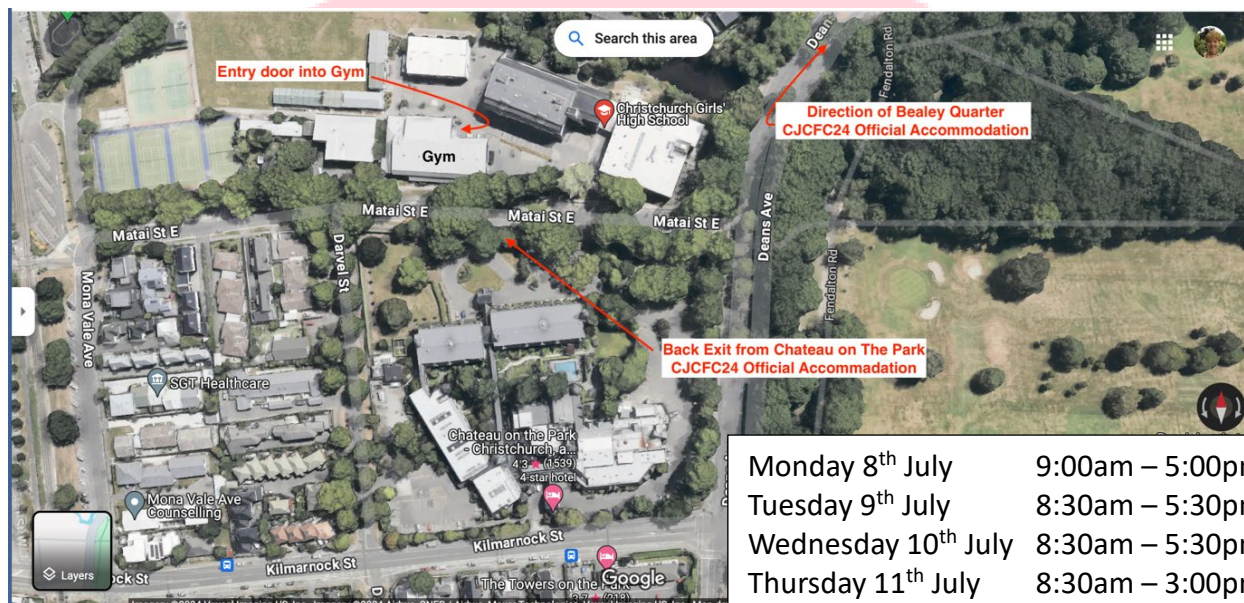
The training venues and opening hours are listed below. They will be charged back to your Country's Federation at \$25 per fencer per day.

Training Venue Option 1:

Christchurch Girls High School

10 Matai Street, Riccarton, Christchurch 8011, New Zealand.

(this is next to 'Chateau on the Park' which is one of the competition hotels).

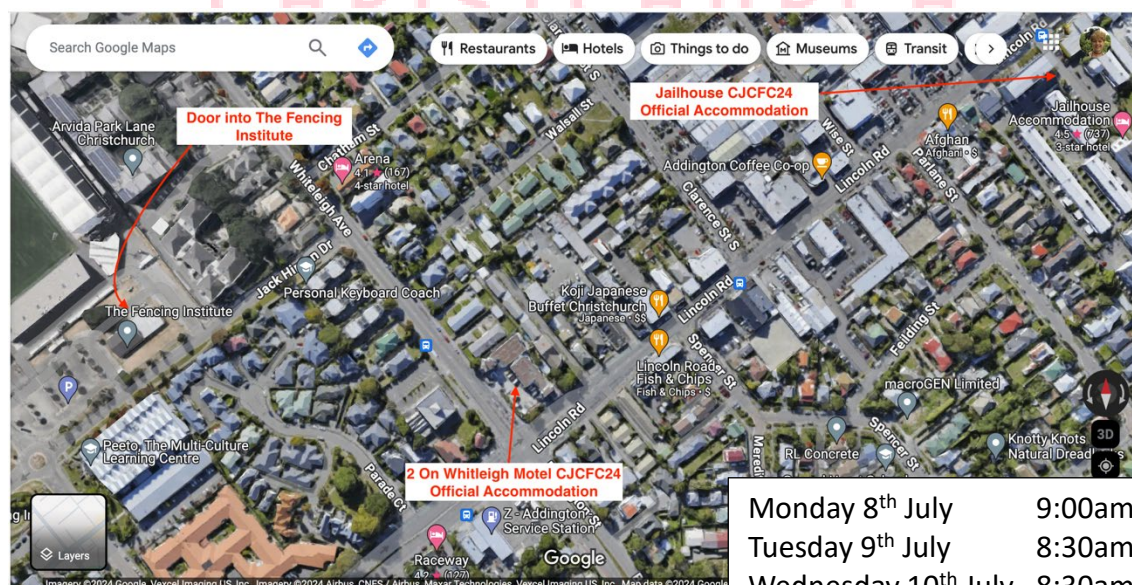


Training Venue Option 2:

The Fencing Institute

91 Jack Hinton Drive, Addington, Christchurch 8024

(this is within walking distance from two of the competition hotels '2 On Whiteleigh' and 'Jailhouse')



Weapons Control/Check

Thursday 11th July **only for those fencing in events on day 1** Friday 12th July

Location: The Fencing Institute, 91 Jack Hinton Drive, Addington, Christchurch 8024

Hours: 7:00 am to 5:00 pm.

Friday 12th July – 19th July (Day 1 through to Day 8)

Location: Competition Venue, Nga Puna Wai, 2 Augustine Drive, Wigram, Christchurch 8025

Hours: 7:00 am until the start of finals each day.

Event Information

Location

Netball Centre at Nga Puna Wai Sports Hub, Augustine Drive, Wigram, Christchurch.



Opening times

The venue opens daily at 7:00 am. Closes at the end of the competition each day, closing times will vary.

Note there will be a pause in the competition on Day 1 (12th July 2024) for the opening ceremony 1:40 pm -2:10 pm.

Venue information

The Netball Centre is a public building and is open to the public. There will be safety officers, and crowd control and the fencer's bag area will be patrolled; but, please keep possessions tidy, bags zipped and valuables out of sight.

For both athletes and spectators the Netball Centre requires ONLY soft-soled shoes to be worn, no street shoes, strictly no heels, (this is a requirement of the venue to prevent damage to the floor – the venue is less than 12 months old).

There is to be no drug use, smoking, or vaping, both inside the venue and outside any of the external doors.

No alcohol.

Drinks need to be in a closed drink bottle with a sipper top, not a screw top.

Only water (no other food or drinks, including coffee & tea) is to be consumed in the court area.

All spills are to be cleaned up immediately to prevent slips and floor damage.

Upstairs – mezzanine floor

Stand 1 m from the glass, never touch, lean on, or drape anything over the glass.

There is a health and safety code of conduct available at the registration desk.

Opening Ceremony - Day 1 Friday 12th 1:40 pm

There will be a pause in the competition and all fencing stops for the duration. **Everyone** is expected to gather, in the podium area for the opening ceremony. It is expected to be completed within 30 mins. Fencing is expected to recommence at 2:20 pm

Part of the opening ceremony includes a traditional welcome or mihi whakatau to Ōtautahi (Christchurch) from the local Hapū – Ngāi Tūāhuriri Hapū.

The mihi will be performed by Manawhenua or people in authority over the land and includes a welcome to all visitors and an invitation for all to share in the history, culture, and traditions of this area and of New Zealand as a whole.

The mihi whakatau commences with a karakia; the purpose of which is to increase the spiritual goodwill of the gathering. This is followed by a mihi or welcome and waiata or song

that will officially welcome the CJFC24 on behalf of the Manawhenua (Ngāi Tūāhuriri Hapū) local Hapū (tribe). It is an expectation that visitors react in a relaxed manner, for Manawhenua it is an acceptance of the physical presence of the visitors and our ancestors. Walking in front of a speaker or talking over someone delivering the mihi must be avoided. We request the gathering be silent throughout the mihi and cultural performance.

Transport

Bus tickets will be included in the Welcome / Accreditations Pack. Bookings have been made. If additional bus tickets are required, please see the registration desk at the venue and a booking can be made *subject to availability*.

A one-day return ticket is NZD \$16 per person.

Buses will do a circuit of the competition hotels.

Starting at Bealey Quarter, → Chateau on the Park, → Jailhouse on Lincoln Road, (pick up will be at the end of the driveway on Lincoln Rd) → 2 on Whiteleigh and 239 on Lincoln (**NOTE:** pick up will be from the 'Z' Fuel Station on the opposite side of the Road).

Bus Schedule

	From Hotels To Venue				From Venue To Hotels	
Day 1 12 th July	6:30am	7:00am	8:30am	10:30am	4:30pm	7:50pm
Day 2 13 th July	6:30am	7:00am	8:00am	11:00am	4:30pm	7:15pm
Day 3 14 th July	6:30am	7:00am	8:30am	11:15am	4:30pm	6:00pm
Day 4 15 th July	6:30am	7:00am	9:00am	11:00am	4:30pm	6:00pm
Day 5 16 th July	6:30am	7:00am	8:00am	11:30am	4:30pm	7pm
Day 6 17 th July	6:30am	7:00am	8:00am	11:00am	4:30pm	7:50pm
Day 7 18 th July	6:30am	7:00am	8:30am	11:15am	3:30pm	6:00pm
Day 8 19 th July	6:30am	7:00am	8:30am	10:45am	4:00pm	5:30pm

Event Schedules

Check out:

<https://cjcfc24.co.nz/schedule-summary/>



Or, by using the QR code at the venue.

The poule details for the following day will be released 4:00 pm daily.

Note: there is a copy of the bus schedule and QR code in this pack for ease of use.

Schedule

Deadlines

All athletes must present themselves in person at the registration desk with their lanyards no later than 3:00 pm on the day before their first event.

All athletes must present themselves, along with checked weapons, to the piste 10 mins before their bout.

Podium Protocol

It is expected that all athletes on the podium wear their full country tracksuit with appropriate sports shoes.

No items, including mascots or flags, are to be taken onto the podium.

After the ceremony and official photograph, there will be an opportunity for casual photos with the athletes' country flag.

When athletes are called to the podium they will assemble in the 'Call Area', ready to be escorted to the podium at the appropriate time. There is a more detailed copy of the requirements in the 'call area'.

Emergency information

Phone Numbers

Fire 111

Police 111

Ambulance 111

If you have a question or need help, please ask at the **registration desk** at the venue. If it is **URGENT** then you can contact the Chair of the Organizing Committee :

Lee-Bin Tee

Phone: 021 478 629

At the venue, if there is an alarm, you will hear **'Please evacuate the building'** over the PA system. Please leave the building in an orderly manner. If you are involved in a bout, the referee will suspend the bout and instruct you to leave the building.

If there is an earthquake, don't run outside, our schools teach 'duck, cover & hold'. Stop what you are doing, duck (into a doorway if possible) cover your head, and hold onto something to stabilize yourself.

Medical Events

At the venue:

We have St John's Ambulance, they will be the first responder to an injury or accident.



Hato Hone
St John



There is an **AED** in the Foyer of the Netball Centre.

Outside of the Competition Venue

Medical Advice Healthline

Ph: 0800 611 116.

COVID-19 enquiries

Ph: 0800 358 5453 or access the www.healthpoint.co.nz.

Ambulance

Ph: 111.

Christchurch Hospital Emergency Department,

2 Riccarton Ave (depending on the severity of the problem). There can be a long wait, so it's suggested you attend one of the 24-hour clinics.

Primary 24-hour Clinic (no appointment required)

Hours: 24 hours

401 Madras St, Christchurch

Ph: 03 365 7777

Riccarton Clinic Urgent Care (no appointment required)

Hours: Daily 8:00 am - 8:00 pm

4 Yaldhurst Rd, Upper Riccarton, Christchurch

Ph: 03 343 3663

Moorhouse Medical Urgent Care

Hours: Mon - Fri 8:00 am – 5:00 pm, Sat 9:00 am - 5:00 pm, Sundays Closed.

3 Pilgrim Place, Sydenham, Christchurch

Ph: 03 365 7900

Non-residents with no reciprocal New Zealand healthcare agreement will be asked to pay. (from \$200) Visitors to New Zealand may be able to claim back healthcare costs using their travel insurance.

Gala Dinner

15th July 2024, from 7:30 pm to 11:59 pm at **Chateau on the Park, 189 Deans Avenue:** one of our competition hotels.

Tickets are NZD\$80 per person (excluding drinks). No cash sales will be available at the Gala, but the restaurant accepts credit cards.

The event is smart casual.

There will be a band playing, so bring your dance shoes!

Tickets are limited. If tickets have been booked, they will be in the Welcome/Accreditation pack. Otherwise, there may still be tickets available, please contact us at: cjfc24@gmail.com, or visit our registration desk during the competition.

General Event Information

Volunteers are vital to the success of this event; without them, there would be no Fencing Championship, please treat all staff and officials with respect.

As the Netball Centre is a large sports venue, and Christchurch can get some icy winter weather, the venue could be cooler than you expect. Please bring warm clothing and footwear to put on when not competing. A spare blanket could even be handy.

There is an on-site café selling hot food and drinks

Locations close by for refreshments/snacks/meals include:

- 'The Landing' with a supermarket and selection of cafes is a 6-minute drive or 30-minute walk away.
- Halswell Village with a supermarket and selection of cafes
- Hillmorton local hub
- BP Halswell 246 Halswell Road, snacks, coffee etc

Christchurch water is fit to drink directly from the tap. It may have a slight chlorine smell or flavour in some areas but is perfectly drinkable.

Mainland Fencing will be on-site to help with repairs and purchasing of gear.

Merchandise will be available for collection from the registration desk. There *may be* a small range available for purchase.

Common New Zealand Expressions:

Te Reo or Te Reo Māori

The Language or The Māori Language

Aotearoa	Te Waipounamu	Te Ika-a-Māui	Aoraki	Ōtautahi
New Zealand	South Island	North Island	Mt Cook	Christchurch

Kiwi

Confused about what to call the natives of New Zealand? Does saying New Zealanders sound weird to you? Then the word you're looking for is Kiwi. The bird Kiwi being the national symbol of New Zealand, is a symbol of pride. So, in short, you could call them Kiwi without any fear of offending them.

Kia Ora – Be well/healthy

Now you can't easily learn Māori but why not pick up that one phrase that is used every day to greet each other. Kia Ora

Sweet as – No problem/thank you/no worries/

It's the most versatile term in New Zealand English. It could mean many things varying from okay or no problem to wonderful. So, when you hear a native using this term just take it easy because it doesn't express any kind of rejection but sheer acceptance or appreciation.

Knackered – Really tired

If you are looking for a phrase that could be used to express your state of mind after a hard day at school/university/work, then “I am knackered” is your go-to phrase. It simply means “I am really tired” but just a cool version of it.

She’ll be alright – “whatever is wrong will right itself with time”

You will find the people of New Zealand using this phrase for any possible thing or object. A sprained leg? Yeah, she’ll be alright. It simply means that your leg will get better in time.

Munted – Broken/ wasted

Munted is just simply another word for broken, used very frequently after the Earthquakes.

Wop Wops – In the middle of nowhere

Wop Wops is the New Zealand version of the phrase Woop Woop. Like Woop Woop, Wop Wops is used in a humorous way to refer to a remote town or district. It is a common phrase used in New Zealand and you will often find New Zealanders using it to refer to the countryside.

Yeah Nah – Yes, but I don’t agree

If you are hearing this phrase for the first time, it might be a bit confusing. But it’s very simple as it is used to first acknowledge what the other person has just said and then express your disagreement regarding it. So, basically “yes, I heard what you said, but I don’t agree”.

Ka Kite Ano – See you later

This is one of the most common Māori phrases used in New Zealand. It’s just a more familiar version of your regular see you later. Also, it is very commonly used by news reporters.

You right? – Is everything okay?

New Zealanders do have a habit of using incomplete sentences. One of the finest examples of it is this common phrase used in New Zealand “you right”. It’s just a short version of “are you alright”. So, if you hear someone saying this to you just know that they are asking you if everything is okay.

Stoked – Extremely Happy

When New Zealanders are extremely happy they express it by using the word “Stoked”. It’s a slang term used to describe a rush that you feel in a state of extreme happiness.

No sweat – Don’t worry about it

Remember what was just said about incomplete sentences? “No sweat” is an example of just that. So, if you hear a New Zealander saying “no sweat” to you, don’t get confused but it’s just a friendly version of “don’t worry about it”.

He’s a hard case – he is funny

This is a common phrase used in New Zealand to refer to a funny person. So, while staying in New Zealand, try to use “he’s a hard case” instead of “he’s funny” because that’s going to be more impactful.